

What is DISC?

Established in 1985, DISC is an independent North of England based charity running many government funded projects which centres on addressing deprivation and exclusion. DISC is a specialist agency, focusing on people who have fallen through the net of statutory provision and who many agencies struggle to help.

DISC's work is structured into three main areas:-

- Substance, particularly drug abuse
- Employment and training, including basic education
- Independent Living and housing support

What is STASH?

STASH is a multidisciplinary team managed by DISC offering a comprehensive service for young people with substance misuse issues who live in the Stockton Borough. Working independently and in partnership with young drug users on a range of health, social, and personal issues as part of a care coordinated approach.

STASH
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Freetext 80800

To use Freetext from any mobile phone text **DRUGS STASH** followed by your message to **80800**

t: 01642 - 607 028

f: 01642 - 606 260



Information on STASH



What do we do?

STASH young people's drug service aims to empower young people to make informed choices about their lifestyle regarding substance and alcohol misuse. We want the young people we work with to realise their potential by focusing on building upon their positives and strengths.

Our approach ensures that young people are offered an experienced worker who will listen within a confidential environment where the young person feels safe.

Utilising a harm reduction approach the team will assess client needs through an assessment process. This begins with a triage & screening assessment for every person referred to the service followed by a comprehensive assessment of need if required.

Following this assessment process a care plan is then produced with the young person which is specifically tailored to meet their needs.

Some of the interventions that the team deliver include:-

- **Providing relevant information and advice for young people on a range of drug issues**

- **Reduce the physical harm caused by the use of drugs through screenings, health assessments, immunisations, vaccinations and needle exchange**
- **Treatment Intervention including stabilising and reduction programmes**
- **One to One support to achieve treatment goals**
- **Complementary Therapies including acupuncture and EST**
- **Support to access opportunities and link into mainstream services such as education, training, housing, and employment**
- **An activities programme used to engage and encourage self esteem**

STASH also work with the families of young people with substance misuse difficulties and provide information, advice, and practical support to parents and carers.

Referral criteria

Anyone under the age of 19 can be referred to the service if they are experiencing difficulties directly linked to drug or alcohol use.

The project operates an open referral process so that a young person can self refer or be referred by any agency. The young person **MUST** be aware of the referral before an initial meeting takes place.

